

Welcome to Rye Harbour Nature Reserve

Rye Harbour Nature Reserve is one of the largest and most important wildlife sites in England, set in an exceptional coastal and wetland landscape and home to more than 4,500 species of plants and animals including 300 that are rare or endangered.

Whether you're a regular visitor or it's your first time, we hope this activity trail inspires you to connect with the reserve in a unique and interesting way.

The approximate distance for this trail is 3.3 km (2 miles). This route passes three birdwatching hides and is wheelchair and pushchair friendly with frequent benches along the way to rest.

RYE
HARBOUR
WRITERS



Start at the Discovery Centre



This poetry trail is an audio trail. There are 13 poems at different locations around the nature reserve.

Hold your mobile phone over the QR code at each location on the map to hear the poem recited by its author.

These poems have all been written by members of the Rye Harbour Writers who meet monthly to walk around the nature reserve and be inspired by the land and seascapes, big skies, wild habitats and unique wildlife. Many thanks to the group for sharing their wonderful poems.

Discovery Centre to 1



1. Discovery
David Cruikshank



2. Flee Beetles
Susan Benn



3. Spilling
Bronwen Griffiths



4. Thriving Diversity
Geoff Marshall



5. Between the Stones
Caroline Fraser

River mouth footpath 1



6. Shingle and Storm
Nick Russell



Find out more by visiting:
rye.sussexwildlifetrust.org.uk

Keep in touch on Twitter, Facebook and Instagram:

 @ryeharbour_NR
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 RyeHarbourNR

Share your photos, videos, sounds and stories:
#RyeHarbourNR

Rye Harbour Discovery Centre, Rye Harbour
Sussex TN31 7FW. Phone: **01797 360960**

Rye Harbour Nature Reserve welcomes all visitors
and we work hard to make sure our facilities are
accessible to everyone. For more information
about accessibility, please visit our website.



Thanks to National Lottery players



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1 to 2 The beach



7. The Stinking Hawksbeard
Hilary Wilce



8. Viper's Bugloss
Mary Kain



2 Footpath



9. Reasons for Sanderlings
Jane Lovell

2 to 4



10. Hawk
Peter Thomason



11. Map Making
S Morgan

4 to the Discovery Centre



12. Acts of Deception
Lenka Medlik



13. The Bee Orchid
Jim Northover



Back to the Discovery Centre



Well done, you've completed the trail!

Has the poetry trail ignited a spark of creativity within you? Make Rye Harbour Nature Reserve your ultimate muse and immerse yourself in the boundless beauty of nature's poetry. Pop by the Discovery Centre to buy a notebook and let your ideas, inspiration, and imagination flow. At the Discovery Centre, you can also find the Lime Kiln café, for a well-deserved treat while exploring a wealth of information about the reserve through a series of panels, short films, and interactive displays. Look out for our knowledgeable volunteers who will be pleased to offer more information about the reserve and local history.

If you're still feeling adventurous, try another one of our trails.

**Discover
Rye Harbour**



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Poetry Trail